



RECOMMENDATIONS FROM THE CALIFORNIA DEPARTMENT OF EDUCATION

In addition to the regulations, we are following these recommendations:

- The Nutrition Services Department should have sole authority to provide food and beverages from the beginning of the school day until after the last lunch period to ensure food safety and to maximize the schools' ability to serve healthy and appealing meals.
- The Nutrition Services Department should have sole authority for the nutritious snack required in state and federally funded before and after school programs.
- Milk should be limited to 1% or nonfat.

FOOD/BEVERAGE MARKETING IN SCHOOLS

The School Board prohibits the marketing and advertising of non-nutritious food and beverages on campus. School staff shall limit the use of school supplies, awards and incentives that promote non-nutritious foods.

CELEBRATIONS

A healthy snack option must be provided in addition to the snack that does not meet standards. School staff will encourage limiting foods and beverages that do not meet nutritional standards to no more than one item per party. Celebrations will be held after the lunch period when possible.

To ensure food safety for all students and to ensure students with allergies or other dietary restrictions are protected, all food and beverage items brought in from outside the Nutrition Services Department and not intended for personal consumption shall not be home-made. Items shall be purchased from reputable businesses and have the nutrition label and the receipt available.

Schools should encourage parents to arrange catering for class parties or celebrations with the district's Nutrition Services Department to ensure food safety and to maximize its ability to serve healthy and appealing meals.

The school district should offer and promote healthy food and beverage products at all school-sponsored events.

OTHER BOARD POLICIES



The Superintendent encourages school organizations to use healthy food items or non-food items for fundraising purposes.

No foods of minimal nutritional value shall be sold in nutrition services areas during breakfast and lunch periods.

The Superintendent shall not permit the sale of foods by student organizations grades K-6 except when all the following conditions are met:

1. The student organization may sell one food item per sale.
2. The specific nutritious food item is approved by the Superintendent or designee.
3. The sale does not begin until after the noon meal period and close of the Nutrition Services operation.
4. The food items sold during the regular school day are not prepared on the premises.
5. There are no more than four such sales per year per school.
6. The food sold is not one sold in the district's nutrition services program at that school during that school day.

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Nutrition Guidelines for Food & Beverages



Division of Business Services NUTRITION SERVICES

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Student's lunches may be paid online at
www.myschoolbucks.com

The Federal Child Nutrition and WIC Reauthorization Act of 2004 require all school districts to have a Wellness Policy in place as of June 2006. The Board of Education adopted Student Wellness Policy, (BP 5030), April 2006. It may be viewed at www.chino.k12.ca.us. State Legislation has also signed into law several bills regarding food and beverages sold in public schools. Below is a brief overview of all the regulations we have adopted in response to legislation.

The term “sold” refers to any food or beverages provided to students on school grounds in exchange for money, coupons, or vouchers. The term does not refer to food brought from home for individual consumption.



ELEMENTARY SCHOOLS

The only food that may be sold during the school day are full meals through a federal reimbursable meal program, and individually sold portions of nuts, nut butters, seeds, eggs, cheese packaged from individual sale, fruit, and vegetables that have not been deep fried. In addition one Board approved fund raising item may be sold by a student group after the lunch period ends.

Individually sold dairy items and whole grain food items may be sold if it meets all of the following standards:

1. Not more than 35% of its total calories shall be from fat.
2. Not more than 10% of its total calories shall be from saturated fat.
3. Not more than 35% of its total weight shall be composed of sugar, including naturally occurring and added sugar.
4. Not more than 175 calories per individual food item.

Regardless of the time of day, only the following beverages may be sold to a pupil at an elementary school:

1. Fruit juice, preferable 100% but at least 50% fruit juice, with no added sweeteners.
2. Vegetable juice, at least 50% vegetable juice, with no added sweetener.
3. Drinking water with no added sweetener.
4. Milk (1% milk, non fat milk, soy milk, rice milk, and other similar nondairy milk).

The sale of foods or beverages that do not comply with the above standards may be permitted as part of a fundraising event, ONLY when the items are sold by students (parents) and the sale meets the following:

1. It takes place off and away from school premises.
2. It takes place at least ½ hour after the end of the school day.

Foods of Minimal Nutritional Value (FMNV) may not be sold anywhere on the campus during the school day. These include:

1. Soda
2. Water Ices – does not include water ices which contain fruit or fruit juices.
3. Chewing Gum.
4. Candies i.e. Hard Candy, Jellies, and Gums, Marshmallow Candies, Fondant, Licorice, Spun Candy and Candy Coated Popcorn.



JUNIOR HIGH & HIGH SCHOOLS



Snacks sold to a pupil in junior high & high school, except foods served as part of the USDA meal program, shall meet all of the following standards:

1. Not more than 35% of its total calories shall be from fat.
2. Not more than 10% of its total calories shall be from saturated fat.
3. Not more than 35% of its total weight shall be composed of sugar, including naturally occurring and added sugar.
4. Not more than 250 calories per individual food item.

Entrée items, foods generally regarded as being the primary food in a meal (i.e. pizza, sandwiches, burritos), shall not exceed 400 calories per food item and 4 grams of fat per 100 calories.

From ½ hour before school to ½ hour after the end of the school day, the only beverages that may be sold are as follows:

1. Fruit juice, preferable 100% but at least 50% fruit juice, with no added sweeteners.
2. Vegetable juice, at least 50% vegetable juice, with no added sweetener.
3. Drinking water with no added sweetener.
4. Milk (1% milk, nonfat milk, soy milk, rice milk, and other similar nondairy milk).
5. Electrolyte replacement beverages with no more than 42 grams of added sweeteners per 20 oz. serving

During the school day, only one student organization may sell up to three food or beverage items per day upon approval of the governing board. No more than four days during the year, may an unlimited number of student organizations sell food and beverages.