#### CLOTHING AND TEXTILES I

#### Course Outline

This course has been prepared in conjunction with the State of California Home Economics Framework.

The teacher of this course is directed to refer to the Framework for a more detailed explanation and analysis of the topics contained in this outline.

#### COURSE TITLE:

Clothing and Textiles I

# DESCRIPTION:

Clothing and Textiles I is a course designed to develop basic knowledge and skills in evaluating clothing needs, construction, personal choices as a consumer, and career planning.

This course will help the student develop skills in the use of sewing equipment, to understand use of commercial patterns, and to apply basic sewing skills related to personal choices.

### COURSE OBJECTIVES:

#### The student will:

- Construct clothing items to meet personal wardrobe needs;
- Consider ability, time, money, activities, interests, personality, coloring and fiber in wardrobe planning;
  Demonstrate the ability to successfully select, fit, and
- 3. Demonstrate the ability to successfully select, fit, and construct garments using commercial patterns with woven washable fabrics.

#### LENGTH OF COURSE:

One semester

## GRADE LEVEL:

9 - 12

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# PREREQUISITES:

None

# CREDIT:

5 units of Practical Arts or elective credit. May not be repeated for credit.

## CLOTHING AND TEXTILES I

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## I. INTRODUCTION

- A. Wardrobe Needs/Wants
- B. Factors Influencing Personal Clothing choices
- C. Ready-to-Wear Vs. Make Your Own
- D. Maximizing Your Clothing Dollars

## II. EQUIPMENT AND SAFETY

- A. Basic Tools and Equipment
- B. Sewing Machine; Parts and Maintenance

#### III. TEXTILES

- A. Pibers, Yarn, Fabric
- B. Natural and Manufactured Fibers
- C. Woven and Knitted Fabrics
- D. Fiber/Fabric Identification
- E. Types of Thread

# IV. PROJECTS

- A. Sewing Kit
- B. Seam Samples
- C. Simple Garments, (Cotton or Cotton Blend)

## V. PATTERNS

- A. Body Measurement
- B. Figure Types
- C. Sizes
- D. Catalogs
- E. Information

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# VI. CONSTRUCTION

- A. Layout, Cutting, Marking
- B. Pressing, Fitting, Finishing
- C. Machine Techniques
- D. Hand Finishes

## VII. PERSONAL CLOTHING/WARDROBE PLANNING

- A. Understanding Fashion
- B. Wardrobe
  - 1. planning

  - inventory
    evaluation
- C. Clothing Decisions

#### VIII. CAREER PLANNING

- A. Textiles, Apparel, Merchandising
- B. Entrepreneurship
- C. Resume', Application, Interview

#### TEXTBOOKS:

Vanderhoff, Clothing, Concept, And Design, 1988

Additional Material And Audio-Visual Aids:

McCall, Simplicity, Butterick, & Voque pattern books Teacher designed pamphlets.

Board Adoption Date: