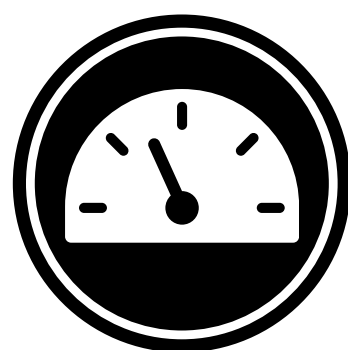


EMOTIONAL REGULATION WEBSITES

For telehealth sessions



MINDFUL LITTLES



EMOJI EMOTIONS GAME

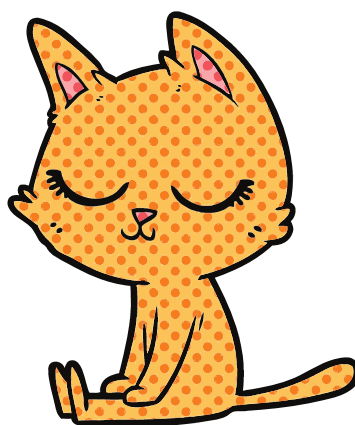
from education.com



FEELINGS CARDS

from education.com

STOP BREATHE THINK



LIFE'S LITTLE LESSONS

from Daniel Tiger