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Student Achievement • Safe Schools • Positive School Climate • Humility • Civility • Service

BOARD OF EDUCATION: John Cervantes • Andrew Cruz • Jonathan E. Monroe • James Na • Sonja Shaw • SUPERINTENDENT: Norm Enfield, Ed.D.

### **Seizure Disorder Health History/Update** (Completed by Parent/Guardian)

To the Parent/Guardian of \_\_\_\_\_ Grade \_\_\_\_\_

Home Room/Teacher \_\_\_\_\_ School \_\_\_\_\_

According to the school records, your child has a seizure disorder. The school needs the following information in order to assist your child in case of a seizure. Immediate care may be of an emergency nature. Please complete the following information and return it to the School Nurse.

1. At what age did the first seizure occur? \_\_\_\_\_ Was it following a high fever? Yes \_\_\_\_\_ No \_\_\_\_\_
2. Was it in connection with an illness? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please explain \_\_\_\_\_
3. Approximate date of last seizure \_\_\_\_\_
4. How frequently **does** your child have seizures? ☐ Daily ☐ Other \_\_\_\_\_
5. Does the student experience an Aura? Yes \_\_\_\_\_ No \_\_\_\_\_ Describe Aura \_\_\_\_\_
6. Describe the triggers that may bring on seizures: ☐ Too much screen time ☐ Flashing lights ☐ Stress  
☐ Exhaustion ☐ Other \_\_\_\_\_
7. Describe the seizure: ☐ General convulsions ☐ Repetitive movements ☐ Staring/blank gaze  
☐ Change of skin color (pale, blue) ☐ Loss of consciousness/fall to ground ☐ Labored breathing  
☐ Dilation of pupils ☐ Involuntary loss of urine or feces ☐ Other \_\_\_\_\_
8. Approximately how long does a seizure last? \_\_\_\_\_
9. Any recent change in seizure pattern? \_\_\_\_\_
10. Describe your child's behavior following the seizure \_\_\_\_\_
11. When was your child last seen by a physician for his/her seizure disorder? \_\_\_\_\_
12. Does your student take daily meds at home for seizures? ☐ Yes ☐ No

Date Began	Medication	Dosage	Freq/Time of Day	Route	Side Effects

13. Does your student have an emergency medication prescribed for seizures? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, when was it last administered? \_\_\_\_\_

\*\*\*\*Please fill have your physician fill out the physician authorizations form for emergency seizure medication

Date Began	Medication	Dosage	Instructions (Timing/Route)	Action after Administration

14. Does your student have a VNS? Yes \_\_\_\_\_ No \_\_\_\_\_. If yes, please have your physician fill out the physician authorization form for VNS.

15. Does your child ride the bus? ☐ Yes ☐ No

16. Does your child participate in any after school activities? ☐ Yes ☐ No. If yes, please describe:

\*\*\*Please have your physician fill out the seizure action plan. If a seizure action plan is not submitted, basic seizure first aid will be provided, which may include calling 911 for any seizure activity.

Print Parent/Guardian Name \_\_\_\_\_ Signature \_\_\_\_\_

Contact Phone Number \_\_\_\_\_ Date \_\_\_\_\_

**PLEASE RETURN THIS FORM TO THE SCHOOL NURSE**